



antioxidant boost spring mix plus smoothie

prep time:
10

featured product:
spring mix plus

a delicious morning baby kale SPRING MIX smoothie that will boost you through your day! tart cherries, raspberries, and pomegranate juice adds fruity goodness to this smoothie recipe. red beets and baby kale SPRING MIX add extra vitamins, and chia seeds top off the antioxidant kick you'll get from this berry delicious smoothie!



ingredients

2 servings

- 1 cup **organicgirl® spring mix plus** ?
- 1 red beet, skinned
- 1/4 cup frozen raspberries
- 1/4 cup frozen tart cherries
- 1 tablespoon chia seeds
- 1/2 cup pomegranate juice

substitutions

? *substitute with* **baby spring mix**

directions

1. add **spring mix plus** greens, frozen raspberries and cherries, pomegranate juice and the beet to a blender. blend until smooth.
2. top with chia seeds and serve immediately.