copycat mint chip “shamrock shake”



featured product:
baby kale

this shamrock shake glow-up gives all the guilty pleasure vibes, but without the actual guilt.

plus it's a great way to use up ripe bananas, and enjoy your baby kale in a new way!

ingredients

4 frozen bananas
20 fresh mint leaves
1 teaspoon vanilla extract
1 handful **organicgirl baby kale**
1 ½ tablespoons chocolate chips
¼ cup whipped cream

directions

1. in a high-speed blender, combine frozen bananas, mint leaves, vanilla, and organicgirl baby kale.
2. blend until smooth and creamy. add a splash of non-dairy milk if needed to blend.
3. stir in or pulse the chocolate chips until just mixed in, keeping some texture.
4. pour into a glass and top with whipped cream.

optional: garnish with a few chocolate chips or an extra mint leaf.