



five ingredient grilled polenta salad

cook time:

10

prep time:

10

featured product:

romaine heart leaves

this tasty grilled polenta salad is quick and easy with just 5 ingredients, including our true hearts romaine and lemon caesar dressing!



ingredients

2 servings

1 package [organicgirl? romaine leaves](#) ?, roughly chopped
¼ cup [organicgirl? lemon caesar dressing](#)
four ½" thick slices prepared polenta
½ cup grape tomatoes, sliced
1 cup cooked or canned white beans, drained and rinsed

substitutions

? substitute with [little gems](#)

directions

1. heat a grill pan over medium heat until hot. brush polenta lightly with oil and sprinkle with fine sea salt and black pepper to taste. place in pan and cook until browned on one side, then flip and brown second side.
2. in a medium bowl toss romaine with dressing and divide between plates. top with tomatoes, beans, and polenta.