green boost guacamole

featured product:
baby spinach

give your guacamole a double punch of nutrients with little green secret:
handfuls of our tender baby spinach!

just chop, mix and enjoy knowing your homemade guac is fresher than fresh.

ingredients

1-2 handfuls **organicgirl baby spinach**
7-8 ripe avocados
2 limes (juiced)
½ red onion
1 tomato
¼ cup cilantro
3 garlic cloves
½ teaspoon sea salt
black pepper to taste
chips to serve

directions

1. in a large bowl, mash the avocados to your desired consistency.

2. chop the organicgirl baby spinach and cilantro into fine pieces; dice the onion and tomato, and mince the garlic. stir these into the avocado with the lime juice.

3. season with sea salt and black pepper to taste; enjoy with your favorite chips.