



green boost guacamole

featured product:
baby spinach

give your guacamole a double punch of nutrients with little green secret:
handfuls of our tender baby spinach!

just chop, mix and enjoy knowing your homemade guac is fresher than fresh.



ingredients

- 1-2 handfuls **organicgirl baby spinach**
- 7-8 ripe avocados
- 2 limes (juiced)
- ½ red onion
- 1 tomato
- ¼ cup cilantro
- 3 garlic cloves
- ½ teaspoon sea salt
- black pepper to taste
- chips to serve

directions

1. in a large bowl, mash the avocados to your desired consistency.
2. chop the organicgirl baby spinach and cilantro into fine pieces; dice the onion and tomato, and mince the garlic. stir these into the avocado with the lime juice.
3. season with sea salt and black pepper to taste; enjoy with your favorite chips.