



tropical spring mix plus smoothie

prep time:
5

featured product:
spring mix plus

have some fruity fun with this tropical baby kale SPRING MIX smoothie recipe! healthy kale gives you a boost of green, while tropical mango makes for some creamy yummy goodness. an orange juice base adds some zing to every sip! this smoothie is sure to add color to your halloween!



ingredients

1 ½ cup **organicgirl© spring mix plus** ?
½ cup orange juice
1 cup frozen mangos

substitutions

? *substitute with* **baby spring mix**

directions

1. put all ingredients into a powerful blender and blend on high until smooth, adjust consistency as needed and serve.

if you don't have a powerful blender, you can juice half of a 5 oz clamshell of **organicgirl© spring mix plus** and add to the smoothie.